

As a member of the England Squash Organisation, Sutton Coldfield Squash Rackets Club have agreed to abide by the Policies set out by England Squash.

Therefore, by default, all members of Sutton Coldfield Squash Rackets Club have agreed to, and shall abide by, these Policies

Sutton Coldfield Squash Rackets Club COVID 19 Policy and Procedure – For Members & Visitors

We will continue to follow the guidance from England Squash

https://www.englandsquash.com/news/england-squash-coronavirus-statement

We have formed a COVID-19 Secure Plan, considering aspects of Leadership and Management which includes a COVID-19 Risk Assessment, Club/Venue Access, Club Environment, Court Bookings and Members & Visitors section

Our primary objective is your safety. We need everyone to follow these rules otherwise we will have to review the operation of the club which could result in removing facilities

We expect there will be changes to the club operation and this document so we will communicate updates accordingly

Committee Member Emergency Contacts

- Tony McAllister (07531 059126)
- Dave Mullis (07905 085835)
- Mat Stevens (07504 099614)
- Chris Hall (07961 106291)

1 Member Health

It is essential that players are fit and healthy with no Covid Symptoms and that there are no members of their households showing any symptoms or self-isolating

All members and visitors should assess their own health and anyone in their household in respect of any vulnerabilities before considering using the club

- **1.1** Members/visitors and staff must not, under any circumstances, attend the club if they feel unwell or show any COVID-19 symptoms
- **1.2** Any member who has recovered from a COVID-19 infection, where symptoms required hospitalisation, should consult with their GP before returning to play
- **1.3** Members/visitors and staff are not permitted onsite if they have been in contact with anyone who has been unwell, with suspected or confirmed COVID-19, in the 14 days prior
- **1.4** Any member/visitor who becomes unwell, or shows COVID-19 symptoms, whilst at the club must:
 - Maintain social distancing
 - Return home, if safe to do so, and manage their symptoms in line with the relevant advice
 If the person is unable to travel home safely, they should be isolated from others and someone from their household should be contacted to make safe arrangements
 If this is not possible then phone 111 and follow instructions
 - Declare this to the club by contacting one of the Committee Members listed above
- 1.5 The club may be asked to provide details of bookings, coaching sessions or visitors in the event of members who have used the club being diagnosed through the NHS test and trace procedure if you do not wish your details to be shared, please let a committee member know
- 1.6 In the event of anyone having and being diagnosed with COVID-19, we may also need to close the club for a period of time bookings will be refunded, and communications will be updated

2 Arranging and Preparing for a Game/Session at the Club

All activity must follow the England Squash Ways to Play defined at the website https://www.englandsquash.com/backtosquash

Players from the same household or support bubble* can play 'normal' squash as they would have previous to COVID-19.

* Support Bubble is defined as ""In England, if you live by yourself or are a single parent with dependant children – in other words, if there is only one adult in your home – you can expand your close support network so that it includes one other household of any size. This is called making a 'support bubble' and means you are able to have close contact with them as you could if they were members of your own household."

We expect this guidance will change from time to time so we will communicate any changes, observations against the procedure in line with our Covid-19 Secure Plan and Risk Assessment

All games must be booked on Sports Booker, including Solo practise and periods where booking wouldn't previously have been required

All coaching sessions should be booked in advance and payment will be cashless

- **2.1** Please ensure that your contact details are correct in Sports Booker before making a booking
- 2.2 If booking Solo Play, make the booking on Sports Booker with the opponent being shown as SOLO Play
- **2.3** Guests and visitors are not permitted at the Club, until further notice, except for coaching sessions following this procedure
- **2.4** Spectators are not permitted at the Club, other than Parents/Guardians
- 2.5 Court Bookings on Sports Booker shall be for an hour, allowing 40 minutes for play plus 5 minutes to clean the court door and leave the club, with a 15 minute gap

Please ensure you stick to these times

- 2.6 Court booking times may vary and will be reflected on Sports Booker
- **2.7** Bring your own water bottle and arrive at the Club with it full, as the water fountain will not be available
- **2.8** Bring your own towel to wipe away sweat. Please also bring your own first aid supplies for minor injuries
 - Do not share rackets and only one player is to handle the ball and door, unless from the same household/support bubble
- **2.9** Bring a change of shirt in a separate bag, if you are prone to sweat a lot Please place any wet shirts into a bag immediately

3 Arriving and Playing at the Club

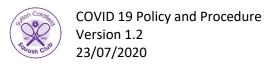
ALL players are to arrive at the club in their kit, no more than 5 minutes before their booked court/session

- **3.1** Please maintain Social Distancing whilst off court, use the sign-posted one-way system into the grounds
- 3.2 Arrive promptly (no more than 5 mins ahead of booking) and leave immediately after playing
- **3.3** The Club entrance will contain hand-sanitiser, to be used prior to entering the Club through the Club entry door.
 - You will still need your key or card to gain access to the courts
- **3.4** Please go straight to your booked court, which should be vacant as there is a 15 minute gap before bookings
- 3.5 There is a one-way system inside the Club

The stairs by Courts 1 and 2 should be used only for access to Courts 5 & 6

The back staircase by Court 4 should be used only for coming downstairs

3.6 Use the Hand-Sanitiser supplied. This can be found:



- At the Club entrance
- By Courts 1 & 2,
- By Courts 3 & 4
- By Courts 5 & 6
- Within both sets of toilets
- 3.7 Keys will already be in the lights the light meters will be on Free, so coins are not required
- 3.8 Before entry, one player should spray the door handle inside and outside with the sanitiser spray and wipe it down with a paper towel to be placed in the pedal bin provided In adapted games, only one player should handle the ball
- 3.9 Take your kit bag and water bottle on Court with you
- **3.10** No handshaking/physical contact is permitted within the Courts
- **3.11** Do not wipe your hands on the Court walls This is really important, as there is a high risk of transmission from doing so
- 3.12 Where a player or coach knowingly touches the floor wall, or drops sweat or bodily fluids, they should use surface cleaning wipe to clean that area immediately (do not use a towel). Any liquid should be dried off immediately with a separate paper towel to be disposed of in the bin provided

4 After your Game

All sessions are to conclude strictly 40 minutes after start time

- **4.1** Please leave the court promptly after 40 minutes, taking all of your belongings with you
- **4.2** Please spray the door handle with the sanitiser spray and wipe it down with a paper towel to be placed in the pedal bin provided
- **4.3** Please exit the club straight away, via the correct one-way system, using the hand-sanitiser and spray as you leave
- **4.4** If you are using the Bar, please follow the relevant procedures notified separately and take your kit out of the club/to your car, as the bag storage area will be closed

5 General Housekeeping

- 5.1 The Toilets must only be used for those playing and not for those using the bar, even after having played earlier. The Tennis club toilets will be open for those using the bar.
- **5.2** The lobby, baggage area and corridors should be kept clear of all belongings and not be occupied by anyone

All members and visitors must follow these procedures and remind others to do the same.

Please help ensure that our Club is able to operate safely and notify a Committee Member should you have any concerns about the Club's operation